



9 KEY AREAS WHERE TRUST CAN BE BROKEN

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truth

parenting

physical intimacy

spiritual intimacy

finances

confidentiality

emotional intimacy

outside interests

priorities

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- **Truth:**
Not telling the truth when your spouse asks, or omitting bits and pieces when questioned.

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- **Physical Intimacy:**
Having physical relations with anyone besides your spouse.

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- **Finances:**
Keeping secrets about money from your spouse

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- Finances (Client Story)

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- **Emotional Intimacy:**
Turning toward another for emotional support

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- **Priorities:**
Putting other people or things
before your relationship

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- **Parenting:**
How you treat the kids is an extension of how you treat one another

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- **Spiritual Intimacy:**
Sharing matters of faith, of prayer, of spiritual matters.

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- **Confidentiality:**
Sharing the secrets of your marriage
to anyone who will listen

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- **Other Interests:**
Putting other people or things
before your relationship

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- Action Step: Identify the areas where trust has been broken in your marriage OR the areas that are most vulnerable